



CHECKLIST FOR TRAVELING SENIORS

- Medication

- Hearing Aid Batteries

- Reading Glasses/Sunglasses

- Compression Socks

- eReader

- Cell Phone/Camera

- Power Cords

- Earphones

- Passport/ID

- Emergency Contact Info

- Cash/Credit Cards

- Water bottle

- Travel Pillow



CHECKLIST FOR TRAVELING SENIORS

- Money Belt
- Comfy Walking Shoes
- Walking Stick/Cane
- Hat
- Hand Sanitizer
- Cell Phone/Camera
- Book/Puzzle Book
- Ear Plugs
- Translation language guides
- Maps
- hotel and travel reservation details
- Clothes Appropriate For Destination
- Travel Blanket