



HOLIDAY POLL: *Meals & Clean Up*

We ran a national Facebook poll from Oct. 15 - 18, 2018 asking people about meals, clean up, and favorite things during the holiday season. Here are a few things we learned:

HOLIDAY DISHES

Survey respondents told us that on average they normally spend about 2-3 hours a week doing dishes... but during the holidays, time spent on doing dishes goes 'up a lot' or 'up a little' for 73% of respondents.

Q2: During the holiday season, the average amount of time you (or someone in your household) spends doing the dishes tends to:

Go up a lot	41%
Go up a little	32%
Stay the same.....	18%
Go down a little.....	5%
Go down a lot	4%



OVEN USE

61% of respondents said the time of year they use their oven the most is during the holiday season (October - December).

Q3: During which timeframe do you tend to use your oven the most?

Holiday: Oct - Dec	61%
Winter: Jan - Mar	29%
Spring: Apr - Jun	4%
I don't have/never use an oven	4%
Summer: Jul - Sept	2%



WORST THING

The worst part of hosting a holiday meal? 69% of respondents said it was the clean up afterward! (18% picked shopping and 13% chose cooking).

Q4: Of the three options below, which would be your least favorite part of hosting a holiday meal?

The clean up afterward	69%
Shopping	18%
Cooking	13%



WHEN TO CLEAN UP?

Speaking of clean up, 60% of respondents said they tend to tackle the dishes after the last guest has gone home. And 23% said they do dishes while guests are still there.

Q5: If you were to host a big holiday meal in your home, at what point would you be most likely to tackle the dishes?

After the last guest leaves	60%
While the party is still happening	23%
The next day	17%



FAVORITE THING

Of the given options, 'spending time with family and friends' is the number one thing people said they most enjoy about the holiday season. The second best is the food!

Q6: Of the items below, what is your favorite thing about the holiday season? Rank from 1 (most favorite) to 5 (least favorite)

- Ranked #1: Time with family and friends
- Ranked #2: Food/Meals
- Ranked #3: Holiday Decorations
- Ranked #4: Giving Presents
- Ranked #5: Receiving Presents



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