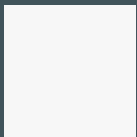


Baby Massage Checklist

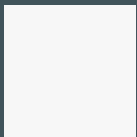
HOW TO GIVE YOUR BABY THE BEST MASSAGE



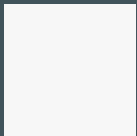
Find a spot that is relaxing and quiet



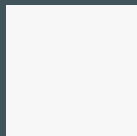
Squirt some Bubbsi oil balm onto your hands and rub them together



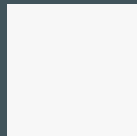
Use a gentle touch, not too much pressure!



Softly knead your baby's body starting from feet on up



Softly talk to your baby or you can play soft music



Cuddle with your baby!

